

Problem Solving Therapy Workshop Plan

9.00am	<ul style="list-style-type: none">• Introductions & Overview• Step One: Problem Orientation
10.30am	Morning Tea
10.50am	<ul style="list-style-type: none">• Step Two: Recognising and Identifying a problem• Step 3: Selecting and Defining• Step 4: Generating Solutions
12.30pm	Lunch
12.50pm	<ul style="list-style-type: none">• Step 5: Decision making• Step 6: Create and Implement a SMART action plan• Step 7: Review Progress• Risk Management
2.50pm	Afternoon Tea
3.10pm	<ul style="list-style-type: none">• Implementation and making it work in your context• Engagement• Questions• Evaluation sheets and supervision sheets• Closing
5.00pm	Finish